CONTENTS

CONTENTS

11. BACKGROUND KNOWLEDGE - 1

THE TERRITORY....1 ACTIVITIES....4

12. PEOPLE - 7

13. TRAFFIC - 14

FREIGHT TRAINS....14 PASSENGER TRAINS....16 INTERCITY TRAINS...17 REGIONAL TRAINS...17 COMMUTER TRAINS...17 SCHEDULES....18

> OPERATING SCHEDULES...18 TRANSPORTATION SCHEDULES...20

PRIORITY....21

DELAY....22 DATA COLLECTION...22 OPERATION...23

HOURS OF SERVICE....26

TRAIN DISPATCHERS AND OPERATORS ...26 TRAIN AND ENGINE CREWS...28 SIGNAL MAINTAINERS...31 EMERGENCIES...35

MAINTENANCE.....36

INSPECTION...37 UNDER TRAFFIC...37 OUT OF SERVICE...38

TRACK CONDITONS....39

14. FIGURING TIME - 43

PREDICTING THE FUTURE....43 RUNNING TIME...43

ELEMENTS of TRAIN DISPATCHING

TIME STOPPED...48 WHEN WILL THE TRAIN ARRIVE?...48 WHEN MUST THE TRAIN ARRIVE?...49

> Schedule...49 Hours of Service...49 Call Figure...50 Delay...50

EXPERIENCE - THE PREDICTION TOOL....50

15. PLANNING AND MOVING TRAFFIC - 55

ELEMENTS OF A PLAN....55 SCHEDULE...55 DELAY...56 PRIORITY...56 OTHER PLANS...57 MEET...58 PASS...59 YARD OPERATION...59 TRACK MAINTENANCE ... 61 EQUIPMENT...63 CREW...63 THE TERRITORY BEYOND....65 WHEN TO FIGURE A PLAN....65 TRAINSHEET...66 DIAGRAM...68 YOUR OWN PIECE OF PAPER ... 69 HOW TO FIGURE A PLAN....69 PLANNING EXAMPLES....71 EXAMPLE 1 - SINGLE TRACK...73 TWO TRACKS...105 Example 2 - Two Tracks, Current of Traffic, and Sidings...106 Example 3 - Two Tracks, Bi-directional Signaling, No Sidings...128 HOW FAR SHOULD THE DISPATCHER FIGURE?....168 PUBLISH THE PLAN....169 **TERMINALS AND ADJACENT DISPATCHERS...169**

MAINTENANCE OF WAY...170

CONTENTS

TRAINS...171

STRATEGY AND TACTICS....171

16. THE MECHANICS OF HANDLING TRAINS - 174

ELECTRONIC CONTROL....174

MANUALLY OPERATED...176 SEMI-AUTOMATIC...178 COMPUTER ASSISTED...181 FAILURE...182

> The Nature of the Failure...182 Train Location Information...184 Protecting Movements...185 Operating During a Control System Failure...187

NON-ELECTRONIC CONTROL....188 PAPER...188

COMPUTER ASSISTED...190 VERBAL...191

KNOW YOUR LIMIT 196

17. COMMUNICATION - 198

WORKING WITH PEOPLE....198 VOICE COMMUNICATION....199 BE CAREFUL OF WHAT YOU SAY...200 BE CAREFUL OF HOW YOU SAY IT...201 CONSIDER WHEN THE INFORMATION WILL BE USED...202 LISTEN...203 MAKE THEM LISTEN...204

COMMUNICATION EQUIPMENT....205

18. RULES AND REGULATIONS - 207

OPERATING RULES....207 OTHER RULEBOOKS....208 M OF W RULES...208 CONTROL OPERATOR RULES...208 TRAIN DISPATCHER RULES...209 TRAIN HANDLING RULES...209

viii ELEMENTS of TRAIN DISPATCHING

SAFETY RULES...209

TIMETABLE AND SPECIAL INSTRUCTIONS....210 GENERAL ORDERS, BULLETINS, AND NOTICES....212 REGULATIONS....213 WHAT DO THEY ALL MEAN?....213 MEMORIZING...214 JUST WHAT THEY SAY...214 IN EFFECT SIMULTANEOUSLY...215 EXAMPLE...217

19. TOOLS AND REFERENCES - 230

CRUTCH....230 TRACK CHART....230 TONNAGE TABLE....237 LABOR AGREEMENTS....237 HAZARDOUS MATERIAL PROCEDURE BOOKS....238

20. REMEMBER, MEMORIZE...AND DON'T RELY ON MEMORY - 240

REMEMBERING....240 MEMORIZING....241 IF YOU DIDN'T WRITE IT DOWN, YOU DON'T KNOW IT....243 DO IT NOW!....243

21. KEEPING THE LINE OPEN - 245

GENERAL....245 RAIN....246 SNOW....247 COLD....250 HEAT....251

22. FAILURES AND PROBLEMS - 253

RELATIVELY SPEAKING, IT WON'T BE LONG....254 IT WILL BE A LONG TIME....256 BE INVENTIVE....260

CONTENTS

23. RUNAWAY - 261

WHAT'S GOING TO RUN AWAY?....261
HOW WILL THE DISPATCHER FIND OUT ABOUT RUNAWAY
EQUIPMENT?....261
WHAT CAN BE DONE ABOUT IT?....263
GET SOME HELP...264
CLEAR THE LINE FOR THE RUNAWAY EQUIPMENT....264
PROTECT THE PUBLIC...265
DETERMINE THE SITUATION TO THE EXTENT POSSIBLE...267
STOP THE RUNAWAY EQUIPMENT....268

24. EMERGENCY! - 271

DERAILMENTS AND COLLISIONS....271 FIRST AND MOST IMPORTANT...271 GET SOME HELP...272 SEND SOME HELP...273 GET SOME INFORMATION...274 NOTIFY TERMINALS AND DISPATCHERS ON ADJOINING DISTRICTS...275 START PLANNING...276

> Passenger Trains...276 The Interruption Will Be Short...277 The Interruption will be Long...282 Starting Up After a Long Service Interruption...284

MEDICAL AND POLICE EMERGENCIES....289

ON A MOVING TRAIN...290 NOT ON A MOVING TRAIN...290

25. RUN THE RAILROAD, DON'T LET IT RUN YOU - 291